

NOVEMBER 2024

BREAKFAST



All meals include a choice of white or chocolate milk.
This institution is an equal opportunity provider.
Menu is subject to change due to supply
Shortage.



November 25 is National Parfait Day! Enjoy a low-fat yogurt parfait for breakfast, snack or lunch. Top with fruit and nuts to get in two more food groups. Look for seasonal flavors of yogurt or a fruit that's in season to add variety throughout the year.



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Blueberry muffin
Yogurt & granola
Pears
Juice
Milk

4

Scrambled egg w/bacon
Banana bread
Grapes
Juice
Milk

5

Breakfast pizza
Tropical fruit
Juice
Milk

6

Biscuit & sausage gravy
Yogurt & granola
Banana
Juice
Milk

7

Breakfast burrito
Mandarin oranges
Juice
Milk

1

Breakfast casserole
English muffin
Fruit cocktail
Juice
Milk

8

Combo bar
Yogurt & granola
Apple slices
Juice
Milk

11

Omelette
Bacon
Toast
Pineapple
Juice
Milk

12

Pancake on a stick
Cheese stick
Peaches
Juice
Milk

13

Biscuit & sausage gravy
Yogurt & granola
Applesauce
Juice
Milk

14

Breakfast burrito
Pineapple
Juice
Milk

15

French toast
Sausage patties
Applesauce
Juice
Milk

18

Scrambled egg/ sausage
Chocolate bread
Mandarin oranges
Juice
Milk

19

Chicken biscuit
Hash brown
Yogurt & granola
Strawberries
Juice
Milk

20

Biscuit & sausage gravy
Yogurt & granola
Banana
Juice
Milk

21

Breakfast casserole
English muffin
Tropical fruit
Juice
Milk

22

NO
SCHOOL

25

NO
SCHOOL

26

NO
SCHOOL

27

NO
SCHOOL

28

NO
SCHOOL

29

NOVEMBER 2024

LUNCH



All meals include a choice of white or chocolate milk. This institution is an equal opportunity provider. Menu is subject to change due to supply Shortage.



November is National Peanut Butter Lovers Month. Peanut butter can be enjoyed in a granola bar, mixed into yogurt to make a fruit dip or spread on bread for a classic peanut butter sandwich.



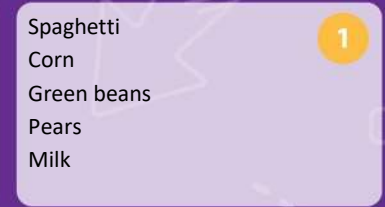
MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Beef & cheese ravioli
Breadsicks
Salad mix
Tropical fruit
Milk

4

Pizza
Carrots
Celery
Peaches
Milk

5

Roast w/ gravy
Mashed potatoes
Green beans
Pineapple
Milk

6

Chicken enchilada
Ranch beans
Carrots
Pineapple
Milk

7

Loaded baked potato
Diced ham
Roll
Salad mix
Pears
Milk

8

Chicken fried steak
Mashed potatoes / gravy
Green beans
Corn / Roll
Peaches / Milk

11

Dirty rice / Red beans
Cornbread
Broccoli
Strawberries
Milk

12

Lasagna
Breadsticks
Carrots
Oranges
Milk

13

Potato soup w/ bacon
Roll
Celery
Mixed fruit
Milk

14

Philly cheese steak
Fajita mix
Carroteenies / chips
Honeybun / Ice cup
Milk

15

Indian taco
Pinto beans
Lettuce, tomato, cheese
Carrots / honeybun
Mandarin oranges / Milk

18

Nachos w/ salsa
Cauliflower
Salad mix
Mixed fruit cup
Milk

19

Corn dogs / Crisпитos
Potato wedges
Broccoli w/ cheese
Pears
Milk

20

Turkey w/ gravy
Mashed potatoes
Roll / Green beans
Stuffing / Spiced apples
Milk

21

Little smokies
Mac'n'cheese
Corn
Roll
Pineapples / Milk

22

NO SCHOOL

25

NO SCHOOL

26

NO SCHOOL

27

NO SCHOOL

28

NO SCHOOL

29