

JANUARY 2025

BREAKFAST



All meals include a choice of white or chocolate milk. This institution is an equal opportunity provider. Menu is subject to change due to supply Shortage.



Nutrition Tip: Happy New Year! If you made a food resolution turn it into a real solution by teaming up with a friend and celebrating your success along the way.

Reference: USDA MyPlate



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



NO SCHOOL 1

NO SCHOOL 2

NO SCHOOL 3

NO SCHOOL 6

Scrambled eggs & bacon 7
Banana bread
Grapes
Juice
Milk

Breakfast pizza 8
Tropical fruit
Juice
Milk

Biscuit & sausage gravy 9
Yogurt & granola
Banana
Juice
Milk

NO SCHOOL 10

Oatmeal 11
Cheese sticks
Pears
Juice
Milk

Omelette 12
Bacon
Toast
Pineapple
Juice
Milk

Pancake on a stick 13
Cheese stick
Peaches
Juice
Milk

Biscuit & sausage gravy 14
Yogurt & granola
Applesauce
Juice
Milk

Breakfast burrito 15
Pineapple
Juice
Milk

NO SCHOOL 18

Scrambled egg & sausage 19
Banana bread
Mandarin oranges
Juice
Milk

Chicken biscuit 20
Hash brown
Yogurt & granola
Strawberries
Juice
Milk

Biscuit & sausage gravy 21
Yogurt & granola
Banana
Juice
Milk

Breakfast casserole 22
English muffin
Fruit cocktail
Juice
Milk

French toast 27
Sausage patties
Pears
Juice
Milk

Sausage, egg, cheese 28
English muffin
Fruit cocktail
Juice
Milk

Waffles 29
Sausage
Pineapple
Juice
milk

Biscuit & sausage gravy 30
Yogurt & granola
Applesauce
Juice
Milk

Breakfast burrito 31
Mandarin oranges
Juice
Milk

JANUARY 2025

LUNCH



All meals include a choice of white or chocolate milk.
This institution is an equal opportunity provider.
Menu is subject to change due to supply Shortage.



Nutrition Tip: Help with food waste by getting creative with leftovers and planning meals around the food you already have on hand.



Reference: Eat Right

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



NO
SCHOOL

1

NO
SCHOOL

2

NO
SCHOOL

3

NO
SCHOOL

6

Pulled pork
Baked beans
Mac'n'cheese
Cole slaw / Potato salad
Peaches
Milk

7

Walking taco
Brown rice
Salad mix
Ice cup
Milk

8

Beef stew
Cornbread
Celery
Pears
Milk

9

NO
SCHOOL

10

Spaghetti
Corn
Green beans
Fruit cocktail
Milk

11

Nachos w/ Salsa
Cauliflower
Oranges
Milk

12

Beef tips w/ gravy
Brown rice
Broccoli
Yams
Tropical fruit
Milk

13

Pizza
Salad mix
Ranch beans
Peas
Slushie
Milk

14

Sloppy joes
Okra
Sweet potato fries
Applesauce
Milk

15

NO
SCHOOL

18

Popcorn chicken
Au gratins
Broccoli
Roll
Pears
Milk

19

Beef tacos
Lettuce, tomato, cheese
Brown rice / carrots
Pinto beans
Peaches
Milk

20

Roast w/ gravy
Mashed potatoes
Green beans
Roll
Mandarin oranges
Milk

21

Chili beans
Cornbread
Carrots
Fruit mix
Milk

22

Chicken tortilla soup
WG chips
Carroteenies / Celery
Fruit cocktail
Milk

27

Chicken fettucini
Broccoli
Breadsticks
Salad mix
Oranges
Milk

28

Frito chili pie
Brown rice
Carrots
Peaches
Milk

29

Chicken enchilada
Pinto beans
Corn
Pears
Milk

30

Cheeseburger
Lettuce, tomato, cheese
Potato wedges
Corn
Pineapple
Milk

31

JANUARY 2025

BREAKFAST



All meals include a choice of white or chocolate milk.
This institution is an equal opportunity provider.
Menu is subject to change due to supply Shortage.



Nutrition Tip: Happy New Year! If you made a food resolution turn it into a real solution by teaming up with a friend and celebrating your success along the way.

Reference: USDA MyPlate



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



NO SCHOOL 1

NO SCHOOL 2

NO SCHOOL 3

NO SCHOOL 6

Scrambled eggs & bacon 7
Banana bread
Grapes
Juice
Milk

Breakfast pizza 8
Tropical fruit
Juice
Milk

Biscuit & sausage gravy 9
Yogurt & granola
Banana
Juice
Milk

NO SCHOOL 10

Oatmeal 11
Cheese sticks
Pears
Juice
Milk

Omelette 12
Bacon
Toast
Pineapple
Juice
Milk

Pancake on a stick 13
Cheese stick
Peaches
Juice
Milk

Biscuit & sausage gravy 14
Yogurt & granola
Applesauce
Juice
Milk

Breakfast burrito 15
Pineapple
Juice
Milk

NO SCHOOL 18

Scrambled egg & sausage 19
Banana bread
Mandarin oranges
Juice
Milk

Chicken biscuit 20
Hash brown
Yogurt & granola
Strawberries
Juice
Milk

Biscuit & sausage gravy 21
Yogurt & granola
Banana
Juice
Milk

Breakfast casserole 22
English muffin
Fruit cocktail
Juice
Milk

French toast 27
Sausage patties
Pears
Juice
Milk

Sausage, egg, cheese 28
English muffin
Fruit cocktail
Juice
Milk

Waffles 29
Sausage
Pineapple
Juice
milk

Biscuit & sausage gravy 30
Yogurt & granola
Applesauce
Juice
Milk

Breakfast burrito 31
Mandarin oranges
Juice
Milk

JANUARY 2025

LUNCH



All meals include a choice of white or chocolate milk.
This institution is an equal opportunity provider.
Menu is subject to change due to supply Shortage.



Nutrition Tip: Help with food waste by getting creative with leftovers and planning meals around the food you already have on hand.



Reference: Eat Right

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



NO
SCHOOL

1

NO
SCHOOL

2

NO
SCHOOL

3

NO
SCHOOL

6

Pulled pork
Baked beans
Mac'n'cheese
Cole slaw / Potato salad
Peaches
Milk

7

Walking taco
Brown rice
Salad mix
Ice cup
Milk

8

Beef stew
Cornbread
Celery
Pears
Milk

9

NO
SCHOOL

10

Spaghetti
Corn
Green beans
Fruit cocktail
Milk

11

Nachos w/ Salsa
Cauliflower
Oranges
Milk

12

Beef tips w/ gravy
Brown rice
Broccoli
Yams
Tropical fruit
Milk

13

Pizza
Salad mix
Ranch beans
Peas
Slushie
Milk

14

Sloppy joes
Okra
Sweet potato fries
Applesauce
Milk

15

NO
SCHOOL

18

Popcorn chicken
Au gratins
Broccoli
Roll
Pears
Milk

19

Beef tacos
Lettuce, tomato, cheese
Brown rice / carrots
Pinto beans
Peaches
Milk

20

Roast w/ gravy
Mashed potatoes
Green beans
Roll
Mandarin oranges
Milk

21

Chili beans
Cornbread
Carrots
Fruit mix
Milk

22

Chicken tortilla soup
WG chips
Carroteenies / Celery
Fruit cocktail
Milk

27

Chicken fettucini
Broccoli
Breadsticks
Salad mix
Oranges
Milk

28

Frito chili pie
Brown rice
Carrots
Peaches
Milk

29

Chicken enchilada
Pinto beans
Corn
Pears
Milk

30

Cheeseburger
Lettuce, tomato, cheese
Potato wedges
Corn
Pineapple
Milk

31

JANUARY 2025

BREAKFAST



All meals include a choice of white or chocolate milk.
This institution is an equal opportunity provider.
Menu is subject to change due to supply Shortage.



Nutrition Tip: Happy New Year! If you made a food resolution turn it into a real solution by teaming up with a friend and celebrating your success along the way.

Reference: USDA MyPlate



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



NO SCHOOL 1

NO SCHOOL 2

NO SCHOOL 3

NO SCHOOL 6

Scrambled eggs & bacon 7
Banana bread
Grapes
Juice
Milk

Breakfast pizza 8
Tropical fruit
Juice
Milk

Biscuit & sausage gravy 9
Yogurt & granola
Banana
Juice
Milk

NO SCHOOL 10

Oatmeal 11
Cheese sticks
Pears
Juice
Milk

Omelette 12
Bacon
Toast
Pineapple
Juice
Milk

Pancake on a stick 13
Cheese stick
Peaches
Juice
Milk

Biscuit & sausage gravy 14
Yogurt & granola
Applesauce
Juice
Milk

Breakfast burrito 15
Pineapple
Juice
Milk

NO SCHOOL 18

Scrambled egg & sausage 19
Banana bread
Mandarin oranges
Juice
Milk

Chicken biscuit 20
Hash brown
Yogurt & granola
Strawberries
Juice
Milk

Biscuit & sausage gravy 21
Yogurt & granola
Banana
Juice
Milk

Breakfast casserole 22
English muffin
Fruit cocktail
Juice
Milk

French toast 27
Sausage patties
Pears
Juice
Milk

Sausage, egg, cheese 28
English muffin
Fruit cocktail
Juice
Milk

Waffles 29
Sausage
Pineapple
Juice
milk

Biscuit & sausage gravy 30
Yogurt & granola
Applesauce
Juice
Milk

Breakfast burrito 31
Mandarin oranges
Juice
Milk

JANUARY 2025

LUNCH



All meals include a choice of white or chocolate milk.
This institution is an equal opportunity provider.
Menu is subject to change due to supply Shortage.



Nutrition Tip: Help with food waste by getting creative with leftovers and planning meals around the food you already have on hand.



Reference: Eat Right

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



NO
SCHOOL

1

NO
SCHOOL

2

NO
SCHOOL

3

NO
SCHOOL

6

Pulled pork
Baked beans
Mac'n'cheese
Cole slaw / Potato salad
Peaches
Milk

7

Walking taco
Brown rice
Salad mix
Ice cup
Milk

8

Beef stew
Cornbread
Celery
Pears
Milk

9

NO
SCHOOL

10

Spaghetti
Corn
Green beans
Fruit cocktail
Milk

11

Nachos w/ Salsa
Cauliflower
Oranges
Milk

12

Beef tips w/ gravy
Brown rice
Broccoli
Yams
Tropical fruit
Milk

13

Pizza
Salad mix
Ranch beans
Peas
Slushie
Milk

14

Sloppy joes
Okra
Sweet potato fries
Applesauce
Milk

15

NO
SCHOOL

18

Popcorn chicken
Au gratins
Broccoli
Roll
Pears
Milk

19

Beef tacos
Lettuce, tomato, cheese
Brown rice / carrots
Pinto beans
Peaches
Milk

20

Roast w/ gravy
Mashed potatoes
Green beans
Roll
Mandarin oranges
Milk

21

Chili beans
Cornbread
Carrots
Fruit mix
Milk

22

Chicken tortilla soup
WG chips
Carroteenies / Celery
Fruit cocktail
Milk

27

Chicken fettucini
Broccoli
Breadsticks
Salad mix
Oranges
Milk

28

Frito chili pie
Brown rice
Carrots
Peaches
Milk

29

Chicken enchilada
Pinto beans
Corn
Pears
Milk

30

Cheeseburger
Lettuce, tomato, cheese
Potato wedges
Corn
Pineapple
Milk

31

JANUARY 2025

BREAKFAST



All meals include a choice of white or chocolate milk. This institution is an equal opportunity provider. Menu is subject to change due to supply Shortage.



Nutrition Tip: Happy New Year! If you made a food resolution turn it into a real solution by teaming up with a friend and celebrating your success along the way.

Reference: USDA MyPlate



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



NO SCHOOL 1

NO SCHOOL 2

NO SCHOOL 3

NO SCHOOL 6

Scrambled eggs & bacon 7
Banana bread
Grapes
Juice
Milk

Breakfast pizza 8
Tropical fruit
Juice
Milk

Biscuit & sausage gravy 9
Yogurt & granola
Banana
Juice
Milk

NO SCHOOL 10

Oatmeal 11
Cheese sticks
Pears
Juice
Milk

Omelette 12
Bacon
Toast
Pineapple
Juice
Milk

Pancake on a stick 13
Cheese stick
Peaches
Juice
Milk

Biscuit & sausage gravy 14
Yogurt & granola
Applesauce
Juice
Milk

Breakfast burrito 15
Pineapple
Juice
Milk

NO SCHOOL 18

Scrambled egg & sausage 19
Banana bread
Mandarin oranges
Juice
Milk

Chicken biscuit 20
Hash brown
Yogurt & granola
Strawberries
Juice
Milk

Biscuit & sausage gravy 21
Yogurt & granola
Banana
Juice
Milk

Breakfast casserole 22
English muffin
Fruit cocktail
Juice
Milk

French toast 27
Sausage patties
Pears
Juice
Milk

Sausage, egg, cheese 28
English muffin
Fruit cocktail
Juice
Milk

Waffles 29
Sausage
Pineapple
Juice
milk

Biscuit & sausage gravy 30
Yogurt & granola
Applesauce
Juice
Milk

Breakfast burrito 31
Mandarin oranges
Juice
Milk

JANUARY 2025

LUNCH



All meals include a choice of white or chocolate milk.
This institution is an equal opportunity provider.
Menu is subject to change due to supply Shortage.



Nutrition Tip: Help with food waste by getting creative with leftovers and planning meals around the food you already have on hand.



Reference: Eat Right

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



NO
SCHOOL

1

NO
SCHOOL

2

NO
SCHOOL

3

NO
SCHOOL

6

7
Pulled pork
Baked beans
Mac'n'cheese
Cole slaw / Potato salad
Peaches
Milk

7

8
Walking taco
Brown rice
Salad mix
Ice cup
Milk

8

9
Beef stew
Cornbread
Celery
Pears
Milk

9

NO
SCHOOL

10

11
Spaghetti
Corn
Green beans
Fruit cocktail
Milk

11

12
Nachos w/ Salsa
Cauliflower
Oranges
Milk

12

13
Beef tips w/ gravy
Brown rice
Broccoli
Yams
Tropical fruit
Milk

13

14
Pizza
Salad mix
Ranch beans
Peas
Slushie
Milk

14

15
Sloppy joes
Okra
Sweet potato fries
Applesauce
Milk

15

NO
SCHOOL

18

19
Popcorn chicken
Au gratins
Broccoli
Roll
Pears
Milk

19

20
Beef tacos
Lettuce, tomato, cheese
Brown rice / carrots
Pinto beans
Peaches
Milk

20

21
Roast w/ gravy
Mashed potatoes
Green beans
Roll
Mandarin oranges
Milk

21

22
Chili beans
Cornbread
Carrots
Fruit mix
Milk

22

27
Chicken tortilla soup
WG chips
Carroteenies / Celery
Fruit cocktail
Milk

27

28
Chicken fettucini
Broccoli
Breadsticks
Salad mix
Oranges
Milk

28

29
Frito chili pie
Brown rice
Carrots
Peaches
Milk

29

30
Chicken enchilada
Pinto beans
Corn
Pears
Milk

30

31
Cheeseburger
Lettuce, tomato, cheese
Potato wedges
Corn
Pineapple
Milk

31